

40 DAY NISHMAS CHALLENGE

Whether saying it for yourself or for a friend, you should merit to have all your requests answered.

I am saying Nishmas in the Zechus of:

1	<input checked="" type="checkbox"/>	M/D
2	<input type="checkbox"/>	
3	<input type="checkbox"/>	
4	<input type="checkbox"/>	
5	<input type="checkbox"/>	

YOUR'E OFF TO A GOOD START!

6	<input type="checkbox"/>	
7	<input type="checkbox"/>	
8	<input type="checkbox"/>	
9	<input type="checkbox"/>	
10	<input type="checkbox"/>	
11	<input type="checkbox"/>	
12	<input type="checkbox"/>	
13	<input type="checkbox"/>	
14	<input type="checkbox"/>	
15	<input type="checkbox"/>	
16	<input type="checkbox"/>	
17	<input type="checkbox"/>	

18	<input type="checkbox"/>	
19	<input type="checkbox"/>	
20	<input type="checkbox"/>	

WOOHOO! HALF WAY THERE!

21	<input type="checkbox"/>	
22	<input type="checkbox"/>	
23	<input type="checkbox"/>	
24	<input type="checkbox"/>	
25	<input type="checkbox"/>	
26	<input type="checkbox"/>	
27	<input type="checkbox"/>	
28	<input type="checkbox"/>	
29	<input type="checkbox"/>	
30	<input type="checkbox"/>	

ALMOST THERE! KEEP IT UP!

31	<input type="checkbox"/>	
32	<input type="checkbox"/>	
33	<input type="checkbox"/>	

34	<input type="checkbox"/>	
35	<input type="checkbox"/>	
36	<input type="checkbox"/>	
37	<input type="checkbox"/>	
38	<input type="checkbox"/>	
39	<input type="checkbox"/>	
40	<input type="checkbox"/>	

MAZEL TOV! YOU DID IT!

TIPS

1. Fill in all the dates before you start, to help you keep track. As you complete each day, fill in the check box.

2. Nishmas Kol Chai can be found in a Siddur in Shacharis of Shabbos, right after Az Yashir. Alternatively, you can read the Tefilla at nishmas.net

3. Inspire others with your Nishmas miracles! Post your story on nishmas.net

4. That was easy! Let's do this again!